

Herald Publications - Torrance, El Segundo, Manhattan Beach, Hawthorne, Lawndale, & Inglewood Community Newspapers Since 1911 - (310) 322-1830 - Vol. 3, No. 19 - May 9, 2013

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## **Torrance Fire Department** Helps Fight "Springs" Fire



Pictured: An unidentified firefighter is surrounded by flames, while helping to fight the "Springs" fire on May 2. The fire burned 28,000 acres. Photo by Mike Mullen.

# **Torrance Bridge Officially Named Pacific Electric Railway - El Prado Bridge**

#### By Dylan Little

The iconic railway bridge at Torrance Boulevard and Western Avenue is finally getting an official name: the Pacific Electric Railway - El Prado Bridge. The Torrance City Council, in a 4-2 decision on Tuesday, decided on the name after consulting with Council members, the public and Shane Swerdlow--an associate with Chattel Inc. who helped oversee the restoration of the bridge. The bridge's official name came into question after the National Register of Historic Places offered to update the plaque currently affixed to the bridge. However, the answer was complicated. Engineering Manager Elizabeth Overstreet said that while locally the bridge is known as the Torrance Bridge, it is also known as the Irving Gil Southern Pacific Railroad Bridge and neither name is truly official. Swerdlow said that while deciding a name can be fun and exciting, there is more to a name for a historic place than what is popular.

tie it to the history of Old Torrance. In his opinion, the best name for that purpose was one incorporating the El Prado name. "I'm really drawn to a name with uses El Prado Bridge," said Swerdlow. "I think that El Prado Bridge represents an education opportunity for people to realize that communities evolve and change, but we recognize an element of

our past. It really shows an important link to Old Torrance and the history of that area."

Not everyone on the Council agreed with Swerdlow's reasoning. Councilmember Bill Sutherland believed that taking the Torrance out of the Torrance Bridge was a mistake. "We spent a lot of money on this bridge and we See City Council, page 3

## **Three-Year Survivor Shares Experience, Love for Life**

**By Cristian Vasquez** "It [relay] serves like a support group.

Partly Cloudy 65°/60°

**Saturday** Sunny 70°/63°



"To quote Shakespeare, 'What's in a name?"" said Swerdlow. "Because it's a historic property, a name can be quite important. It may convey the history of a structure and it can also contribute to its sense of place."

Swerdlow presented the Council with four possible names: El Prado Bridge, Pacific Electric Railway Co. - El Prado Bridge, Pacific Electric Railway Bridge, and Pacific Electric Bridge. All these names correct the flaws with the currently recognized Southern Pacific Railroad Bridge, which he identified as misleading and anachronistic. "A name like Southern Pacific Railroad Bridge really doesn't convey a clear link to the bridge's period of historical significance," said Swerdlow.

Swerdlow recommended the Council adopt a name for the bridge that would

She sat quietly in the survivors' tent during the Torrance Relay for Life with a cream-cheese-covered bagel half and some fruit. Her bangs lightly touched the eyelids of her big, round eyes as she gathered her thoughts to share her story of survival. It had been three years since she survived cancer and the experience was still a difficult one for Lisa Arzola to revisit.

"So every day I just celebrate and thank God for his grace," Arzola said. "So many people have this, so many children...but he saved me. He picked me."

The Torrance Relay for Life was Arzola's first relay ever and like all of the survivors at the event, she had a unique story and struggle that only she knew but that her fellow survivors understood better than anyone else. It was her chance to meet the countless survivors, who like herself, beat a disease that has left millions of people grieving.

We become very close with each other since we have something in common and sometimes it makes you stronger because you are having to fight for your life," Survivor and Fight Back Chair for the Relay for Life LaVerna Edmonds said. "It makes me feel that if I can help just one person by telling my story, then I have done a good thing. Some people don't want anyone to know that they have cancer and that is one thing we are trying to do which is get people to open up because it is part of the healing process."

Arzola decided to go through the process to beating cancer without telling her family since one of her daughters was pregnant. After a disagreement about treatment with the first doctor, Arzola sought a second doctor for another opinion regarding her breast cancer diagnosis. While there wasn't any pain, the tumor was getting bigger. So she began the process of See Survivor, page 3

## **Business Briefs**

Halverson, Stone & Myers **Mortuary Ribbon Cutting** 



Mayor Frank Scotto along with several City of Torrance and Torrance Area Chamber of Commerce dignitaries attended the ceremony followed by a luncheon.

Halverson, Stone & Myers Mortuary had a ribbon cutting on April 18th to celebrate their new remodel. Owners Henry Halverson, and his wife Betty, founded Halverson, Stone & Myers Mortuary in 1955.

Young Physicians and Professionals Network Rev Up Networking Engines at Speed Networking Mixer



Back row: Alice Diego Malit, M.D., Pediatrics, and Julie Sim, M.D., Radiology, Torrance Memorial Medical Center. Front Row: Michelle Nguyen and Nhat Tran, M.D., Torrance Memorial.

The newly formed Young Physicians and Professionals Alliance (YPPA) hosted its second annual mixer at Terranea Resort in Rancho Palos Verdes in early April. Attendees engaged in a speed networking exercise, designed to facilitate many introductions in a short amount of time. YPPA was established with the purpose of community engagement, support and advancement of Torrance Memorial Medical Center. For information on upcoming YPPA events and membership contact Jinny Quinones at 310-891-6602 or visit www.TorranceMemorial.org. •

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## **Police Reports**

The crimes listed are crimes where a report was taken by law enforcement agency and submitted for investigation. The outcome of the investigation or any criminal court proceeding are not considered when reporting crimes. The crimes are listed as follows: arson, simple assault, aggravated assault-weapon, auto theft, auto burglary, commercial burglary, residential burglary, homicide, strong-arm robbery, robbery with a weapon, theft and vandalism. The City of Torrance, or its employees or agents, shall assume no liability for: 1. Any errors, omissions, or inaccuracies in the information provided regardless of how caused; or 2. Any decision made or action taken or not taken by reader in reliance upon any information or data furnished hereunder.

#### April 27

Theft: 21800 BLOCK HAWTHORNE BLVD Suspect(s) takes unattended property from bench/wallet.

Burglary-Residential: 3200 BLOCK CRICKLEWOOD ST Suspect(s) removes screen, slides open window and flees after setting off alarm/no loss.

Burglary-Auto: 4200 BLOCK REDONDO BEACH BLVD Suspect(s) punches door lock for entry and takes property/cell phone, cash, purse.

Vandalism: TORRANCE BLVD & CABRILLO AVE Suspect(s) tags sign at



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#### location

Burglary-Auto: 3300 BLOCK AIRPORT DR Suspect(s) enters unsecured aircraft cabin and takes property/headsets.

Burglary-Residential: 24200 BLOCK NEECE AVE Suspect(s) enters unlocked residence and garage, ransacks/unknown property loss at time of report.

#### April 26

Burglary-Auto: 18800 BLOCK CORDARY AVE Suspect(s) enters vehicle by unknown means, ransacks and takes property/stereo.

Theft: 18500 BLOCK HAWTHORNE BLVD Suspect(s) takes property stored behind register counter while victim works/purse.

Theft: 2500 BLOCK DESCANSO WAY Suspect(s) takes property from delivered parcel/watch.

Burglary-Auto: 21700 BLOCK WESTERN AVE Suspect(s) enters unlocked vehicle and takes property/wallet.

Burglary-Auto: 2300 BLOCK CRENSHAW BLVD Suspect(s) enters vehicle by unknown means and takes property/third row seat, sunglasses, cosmetic bag.

Burglary-Residential: 1800 BLOCK SAN ARDO ST Suspect(s) pries open sliding glass door for entry, ransacks and takes property/ jewelry, watch, cash.

Burglary-Residential: 21600 BLOCK LINDA DR Suspect(s) pries off window screen/no entry, no loss.

#### April 25

Burglary-Commercial: 3800 BLOCK 242ND ST Suspect(s) enters location by unknown means, pries open cabinets, ransacks and takes property/computers, printer, keyboard, stereo, telephones, cashbox, iron, air pump, glue, tape, flag, playing cards.

Battery-Simple: 3300 BLOCK LOMITA BLVD Suspect rushes at and slaps first victim then grabs and refuses to let go of second victim's hand.

Battery-Simple: 20000 BLOCK HAWTHORNE BLVD Suspect punches victim in the face then kicks him in the body when he falls to the ground.

Burglary-Residential: 300 BLOCK CALLE DE ANDALUCIA Suspect(s) pries open window for entry, ransacks and takes property/cash, jewelry, documents.

Burglary-Commercial: 4100 BLOCK TORRANCE BLVD Suspect(s) uses a key to enter victim's work office and takes property/ purse, documents.

Theft: 4/25/2013 1:03 PM 18600 BLOCK HAWTHORNE BLVD Suspect(s) removes sign from front of location.

Burglary-Residential: 22400 BLOCK OCEAN AVE Suspect removes screen, climbs in open window, but flees when discovered by victim inside residence/no loss.

Burglary-Residential: 500 BLOCK PASEO DE LAS ESTRELLAS Suspect(s) enters residence by unknown means, ransacks and takes property/coin collections, jewelry. • Husqvarna viking boby lock Miele Sewing Classes for adults, teens and kids! 310-670-2429 or www.Tannersewandvac.com TANNER SEWING AND VACUUM CENTER

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#### www.PediatricTherapyNetwork.org

Please join South Bay MINI in supporting the services and programs of Pediatric Therapy Network. Proceeds from the MINI-Cooper Opportunity Drawing provide vital support for children with special needs and those at risk for development and learning issues due to socio-economic conditions.

RULES & REGULATIONS OF THE PEDIATRIC THERAPY NETWORK (PTN) BRAND NEW 2012 MINI-COOPER OPPORTUNITY DRAWING. Winner of drawing will be notified by Wednesday, June 5, 2013. Winner must be available for presentation of vehicle and for photo opportunity at South Bay MIMI Grand Opening on Wednesday, June 12, 2013. Prediatio: Therapy Network: Executive and Development Department employees (and their immediate family members) are not eligible. Only official opportunity drawing tickets will be accepted. No photocopies permitted. Void where prohibited. Entrants must be legal residents of the continental U.S., at least 18 years of age with a valid driver's license and able to present evidence of adequate insurance. Winner subject to verification of compliance with rules and may be required to execute liability release and eligibility/public ty release. The donated vehicle must be picked up at the South Bay MINI dealership in Torrance, CA within delivery period designated by South Bay MINI. No delivery arrangements of vehicle will be considered. Winner is responsible for income and other taxes, license, title, registration, and other expenses associated with receiving the prize. Prizes are non-transferable (i.e., winner must take title to vehicle) and no substitutions for cash or other prizes are permitted by winner (although South Bay MINI may substitue vehicle of equal value at their discretion). Prizes over \$5,000 are subject to withholding tax at 25% (subject to change), which will be collected by Pediatric Therapy Network. Participants agree to release PTN and South Bay MINI from any liability, including without limitation, property tax, injury or death resulting from participation in opportunity drawing or use of any prizes. No purchase or donation required. Participants agree to be bound by complete rule available by request. Pediatric Therapy Network is a 501 (c)(3) non-profit organization. Federal Tax ID# 33-0706273

## <u>Calendar</u>

#### THURSDAY, MAY 9

• South Bay Republican Women Federated Monthly Luncheon Meeting, 11:00 a.m., DoubleTree Hotel, 2133 Hawthorne Blvd. For more information call (310) 320-1431 or (310) 326-9340.

• "Do What Moves You" (West High Dance Dept.) also May 10, 7 p.m., James Armstrong Theatre, 3330 Civic Center Drive. For more information call (310) 781-7171. SATURDAY, MAY 11

#### 1 /th Amazal C---'

• 14th Annual Senior Faire: Celebrating Older American's Month "Unleash the Power of Age", 9:30 a.m.-2:30 p.m., Ken Miller Auditorium, 3341 Torrance Blvd. For more information call (310) 781-7171.

• YMCA Low Cost Vet Clinic, 10-11:30 a.m., Torrance-South Bay YMCA, 2900 W. Sepulveda Blvd. For more information call (310) 325-5885.

• Celebrate Asian-Pacific Heritage Month, 2 p.m., Southeast Library, 23115 Arlington Ave. For more information call (310) 530-5044.

• Memories of Mother Celebratory Tea, 2-4 p.m., Torrance Memorial, Health Conference Center, 3330 Lomita Blvd. For more information call (310) 784-3751. IUISDAY, MAY 14

#### • City Council Meeting & Budget Workshop/Hearing #1, 7-10 p.m. City Hall, Council Chamber, 3031 Torrance Blvd. For more information call (310) 618-2870.

#### Thursday, May 16

• Beach Cities Republicans Monthly Meeting, 7 p.m., Sizzler Restaurant, 2880 Sepulveda Blvd. For more information call

<u>Sanctuary</u>

#### (310) 753-4159. Friday, May 17

• City of Torrance 54th Annual Armed Forces Day Military Concert, 1:30 p.m. & 7:30 p.m., James Armstrong Theatre, 3330 Civic Center Drive. For more information call (310) 781-7171.

• Torrance-South Bay YMCA's 21st Annual "Send A Kid To Camp" Golf Tournament, 11 a.m., Los Verdes Golf Course, RPV. For more information call (213) 639-7630.

• Community Forum: "Looming Defense Cuts and the Effects on the Military and Aerospace Industry", 2-3:30 p.m., Torrance City Hall, Council Chambers, 3031 Torrance Blvd.

#### Saturday, May 18

• The Pregnancy Help Center's 26<sup>th</sup> Annual Walk For Life, 8:30 a.m. start from Veterans Park. For more information call (310) 320-8976. SUNDAY, MAY 19

#### • Piano Festival 2013 (Japanese Musicians Assoc. of CA), 9:30, James Armstrong Theatre, 3330 Civic Center Drive. For more information call (310) 371-5816. [UESDAY, MAY 2]

• Calle Mayor Spring Concert, 7 p.m., James Armstrong Theatre, 3330 Civic Center Drive. For more information call (310) 781-7171. ONGOING

• Downtown Torrance Marketplace, Every Thursday, 3 p.m.-8 p.m., on El Prado Street, from Sartori to the Buffalo Fire Department. •

## What does Sanctuary mean?

#### By Rev. Eric Jay, St John's Lutheran, El Segundo

Today's way of life is no doubt "on demand". The better technology gets, the higher our expectations become. It wasn't long ago that the first cell phone came out. We were amazed at the fact we could even talk to someone over invisible radio waves wandering through the

sky. Now, if our cell phone loses service for a second, if our fast food doesn't meet our definition of *fast* or if the text is longer than 120 characters we just don't have the time or patience to deal with it. Though many would find it unnerving to unplug for even an hour, our souls desperately seek to be quiet and contemplate the unseen, eternal things that are woven into the deepest fibers of our being and that have become buried under the noise of "now". What we need most is sanctuary.

In Psalm 73 David was overwhelmed, frustrated and confused with the darkness he saw in the world. He couldn't understand the point to it all; "why do the wicked prosper?" David's heart and soul needed a reprieve and refreshment. Then David says something we can relate to, "But when I tried to make sense of it all, when I tried to figure it all out it seemed an impossible task, that is until I entered the Sanctuary of God. Everything became clear. I found the refuge I had been seeking." Where is this Sanctuary? How can I get there? I would love a moment where everything stopped and became, well, clear and quiet.



soul and find the answers our hearts desire; answers even the best of technology can never provide. It even comes "on demand". Jesus says, "When you pray, go into your room and close the door and pray to your Father who is in secret. And your Father who sees in secret will hear you and restore you." We have an eternal sanctuary in God

who loves us. Not only does He hear us and restore us, but He has also given us His very Word where He reveals Himself to us and quiets our soul. "Every word of God proves true; He is a shield for those who take refuge in Him." - Prov.30:5

Before refrigerators people used icehouses to preserve food. Made with large thick walls and tightly fitted seals and doors, once in, it was as quiet as it was cold. The story is told of a man who lost his watch while working in the icehouse. He looked diligently, even calling on a few friends to help him, but to no avail. One of his worker's son asked if he could take a look for the watch. Hesitant to send the boy into the icehouse, but eager to find his valuable watch, the man permitted the boy to go in briefly. Seemingly moments later, the boy came out with watch in hand. "How did you find it son!?" the man asked. "After you closed the door, I laid down and held still. I listened. Pretty soon, I heard the watch ticking."

## School Board Lowers Student to Teacher Ratio

#### By Dylan Little

The Torrance Unified School District's Board of Education earned a round of applause from its teachers union after unanimously approving a staffing ratio reduction that would mean fewer students per classroom and more teachers back to work. The School Board approved a staffing ratio reduction that would reduce class sizes by two students in every grade level. This means that kindergarten through third grade classes would go from 30 students to 28. Likewise vague exactly how much, but our teachers, our students and our other employees in the District are all important and they are all a priority. In the teaching and learning process, students and teachers on a daily basis create lightning in a bottle, or magic in bottle. That goes on every single day in every classroom."

When the Board announced its approval of the class size reductions, the boardroom was packed beyond the number of available seats with TTA members eager to see the changes

"As we move forward... it's my intent to continue to reduce class size over the next few years."

in fourth grade and above, class sizes would drop from 34 students per class to 32. The reduced class size numbers will require hiring additional staff.

While the class size reductions were met with a positive reception by everyone present at the meeting, they are still not enough to return the District to the student-to-teacher ratios in place before the massive cutbacks that hit California's educational system. Superintendent George Mannon said he plans to continue to work with the Torrance Teachers Association (TTA) to find ways to reduce classroom overcrowding. "It certainly does not get us back to the ratios we had in the 2007-2008 school year, but this is the initial step," said Mannon. "As we move forward... it's my intent to continue to reduce class size over the next few years."

Board member Mark Steffen shared Mannon's desire to continue reducing the student-to-teacher ratio. He is eager to approve additionally reduced class sizes as the District's financial health improves. "I hope this is the first of many votes like this as we continue to rebuild," said Steffen.

The reduction in class size means the District will look to hire teachers at every level, including additions 19 for elementary, eight or nine for middle school and 17 or 18 for high school. The estimated cost of these additional staff members is about \$3 million. While the amount is not trivial, between the needs of students and the promise of additional education funding from Sacramento, Mannon believes the time is right to reduce overcrowding. "We do believe the economy is changing in our state for the better," said Mannon. "We believe that additional funding is coming to our district and other school districts. It's

### Survivor

seeing doctors, getting several tests done and having biopsies. Still, throughout her ordeal, Arzola believes it was her faith that carried her through to recovery.

"I looked beyond that and while I was there [treatment], I began to look for people that I could pray for. I began sharing my story and praving for other people and the doctors." Arzola said. "When the doctors asked why the smile on my face, my answer was God. I had faith in what he was going to do for me. I would pray for the doctors and nurses who were helping me. Then the time came and I had a lumpectomy. It turned out to be a blood clot." Even after surgery, Arzola chose to keep the procedure to herself until she knew that it was okay to let her daughters know. However, unlike many survivors who undergo the difficult process of chemotherapy, she refused despite the doctor's recommendation. Worried that she could not survive the chemo process, Arzola relied on her faith. "I did not want to die. I had a granddaughter coming and I wanted to meet her, so I decided to trust God and not go through chemo," Arzola said. "I wasn't going to put poison in my body. The doctor was mad at me, but it was okay. I got the surgery and everything was fine. I could have stayed, but decided to go home."

approved. TTA President Julie Shankle thanked the Board for its actions while also reminding the members that there is more work to be done. "Thank you--we do feel like this is a step in the right direction," said Shankle. "We are still in contract negotiations. We have a lot of work still ahead of us in rebuilding this district. I'm looking forward to seeing more of our colleagues rejoin us because of this move. This will be a great benefit to our students and our teachers. Seeing the workload reduced, seeing more individual time back with the students—it's always a step back in the right direction."

Mannon explained that while he would like to see classes smaller than the newly approved ratios, uncertainty at the state level makes further reductions in class size a riskier proposition. "The problem that we have is, depending on which funding formula we're going to have and also how many funds we're going to have in what year, it kind of stymies us in terms of [predicting] what the numbers will be in the future years," said Mannon. "However, we're comfortable right now making the recommendation to the board to change the ratios by two students per classroom."

Board President Micheal Wermers said that his first action upon being elected was to lay off about 150 people from the District. Since then, this has been his first chance to tip the scales in the opposite direction and add teachers--an experience he much prefers. "It's actually very refreshing to be able to bring people back," said Wermers. "I'm very excited about this. It's truly a big step in the right direction. All we've done in the three years I've been on the Board is cut and let people go. I am just ecstatic about [hiring new teachers]." •

#### from front page

surgery, mostly limited use of her right arm, Arzola kept her illness to herself. "When my daughters asked what was wrong with my arm, I lied. I told them I fell. They know now," Arzola said. "I had my pathology report in my Bible, so one day I brought the family together and I told them I had cancer. My two daughters began crying. They asked why hadn't told them, but I just told them it was gone and that I didn't have it anymore." Cinco de Mayo is her three-year anniversary and while many people will be celebrating in a wide range of ways, Arzola uses every day she has to celebrate her second chance at life. "I am here to celebrate my aunts who did have cancer, who did have to go through chemo and who got sick and died. I didn't have to go through that, but they did. It's not fair. I have a lot of reasons to celebrate every day," Arzola said. "I will continue to come and be around other survivors. If I can share my story and help people, then I will share my story. I shared my story as a testimony at church because I am not standing here on my own grace. I am standing with Him. My aunt had the cancer go away and come back and that could be me, but it's not. So I am celebrating every day. I see everyone here and when we come together, we all become one family for this day. We make friends and connections and that is what it is all about." •

God has given us a place of refuge, a sanctuary, a place where we can satisfy the cry of our

Try closing the door this week, lay down, and listen. God has spoken in His Word and speaks to us even now.

Email Pastor Jay: pastor@stjohnses.com •

### City Council from

from front page

keep on saying it is the entrance to Torrance. It's not the entrance to El Prado...it's not the entrance to the Pacific Electric Railway. It's Torrance," said Sutherland. "I've lived in Torrance for 35 years and all I've ever heard it called is the Torrance Bridge. I honestly think since there is no real name on it, we have the option of putting our own name on it, and Torrance is a darn good name. And a darn good place. I think Torrance Bridge would be much more fitting and would describe what it is."

However, Janet Paine, Vice President of the Torrance Historical Society, thought that calling the bridge anything other than its original name would be passing up an opportunity to educate the public about Torrance history. "I think I've been at every City Council meeting about the bridge," said Paine. "Regardless of what we put on this plaque, people are going to call it 'the bridge.' It doesn't matter. **See City Council, page 9** 

Even after other complications after the



### **One Man's Opinion**

#### **By Gerry Chong**

You see, even old coots can learn from the young. Today I learned the meaning of "SMH" from Twitter users. For my fellow old coots, SMH means "Shake My Head." I think from now on, I'll use that a lot.

For example, on April 30, Barack Obama held a press conference and said "85-90 percent of Americans have health insurance, and for them, Obamacare is already implemented and they are experiencing its benefits." SMH.

Days before the Obama press conference, the liberal Huffington Post released the most recent survey showing that in 2012, 30 percent of the population age 19-64 (55 million people) had no health insurance during the year and that another 16 percent (30 million) were underinsured--a far cry from the Obama claim. SMH.

Furthermore, The Wall Street Journal report that UnitedHealthcare Group, Aetna and Blue Cross and Blue Shield could raise health care premiums by 25 to 116 percent for some people. These premium increases are due substantially to two requirements from Obamacare--specifically, the requirements for higher coverage and that companies must insure those with pre-existing conditions. As costs increase, the number of insured will decrease. SMH.

All claims of proponents and opponents aside, the simple truth is that Obamacare contains 2,700 pages and 13,000 pages of regulations, taxes and bureaucracies, all written in legalese by unelected authors, so no one knows what it says. Like any out-of-control behemoth, the law contains some good things and some bad things, but it is so immense no one can sort it out. SMH.

Businesses that have always been the bulwark of employee health insurance coverage have hired scores of consultants to determine the

impact of the law on them, but the consultants have returned incomplete and contradictory responses. As a result, businesses may:

Pay the increased healthcare premiums and raise prices to consumers.

Pass the premium increases to employees. Eliminate health insurance entirely and pay the government penalty.

Eliminate health insurance and pay each employee an allocation for individual insurance. Reduce employee work hours to make them

part-time employees.

Stop hiring new workers.

Move company expansion overseas.

Regardless of the course employers may select, each will raise the number of uninsured. SMH.

For the uninsured, they may choose between paying a government fine for being uninsured or apply for tax credits to make individual insurance more affordable. The invasive application requires disclosure of citizenship and immigration status, paycheck stubs, prior years' tax returns and other personal information for review by the Social Security Administration, Homeland Security and the Internal Revenue Service. In effect, the application is a national vetting process and mini-IRS audit, since income claims will be cross-checked against IRS tax records. SMH.

Obamacare author Senator Max Baucus (D-MO) called its implementation a "train wreck," while another author, Senator Jay Rockefeller (D-WV), said the law is now "incomprehensible."

Obamacare is a law that was passed by one party, opposed by the majority of the country, is beyond comprehension and invades individual privacy. George Orwell's 1984 has arrived a tad late. SMH.



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## Another Man's Opinion **Protecting Grieving Families**

#### **By Cristian Vasquez**

Last year State Senator Ted Lieu introduced Senate Bill No. 661 making it punishable by a fine of up to \$1,000 and/or six months in jail for any person "in picketing, as defined, except upon private property, which is targeted at a funeral, as defined, during the time period beginning one hour prior to the funeral and ending one hour after the conclusion of the funeral." To most, it is not difficult to be mindful and respectful of a grieving family's private moment in which they say their final goodbye to that certain loved one. Unfortunately due to the acts of a small group of individuals (members of the Westboro Baptist Church), such infringements on civil liberties have to be made.

It might come as a surprise that someone in the media would agree with any sort of legislation that would limit free speech and the right to expression. I've heard some of the logic before: "First we lose this right, what do we lose next?" or "I can say whatever I want. Who is the government to stop me?" The fact is that by restricting people's ability to protect a funeral, we aren't losing any rights. What we are gaining is decency as a society. I agree that we have the right to say what we want to whom we want. However, we must also be ready to deal with the consequences of our words and because of this small group of intolerant and fanatical religious individuals who give the majority of good, practicing Christians a bad name, it has become necessary to take these measures.

The truth is that anyone with a shred of decency will not be affected by this

bill because respectful people do not protest a funeral. They do not attack a family or individual when they are in their most vulnerable emotional state. Regardless of personal, religious and political beliefs, the majority of Americans would not resort to such ignorant and inconsiderate actions as to disrupt a person's funeral. So in reality, we are not losing any rights with this bill. What this bill is actually doing is keeping the voices of bigotry and intolerance away from the aching hearts of mourning families.

Furthermore, this bill will unintentionally protect those same hate-filled picketers that the law seeks to restrict. It is a great thing that the families who have had their funerals disrupted have not reacted violently to the presence of such groups. From military families who have already sacrificed so much to live in this country, to friends of gays and lesbians who had to struggle with identity issues their whole lives, these protesters demonstrate a complete lack of respect and should consider themselves blessed that the people they attack have shown more class and taken a higher road by turning the other cheek.

No right is absolute. We can't yell fire in a crowded theater just because we feel like doing so. There are rules and boundaries to everything. Unfortunately, these funeral protesters have overstepped and violated a boundary that is sacred as is a funeral. SB No. 661 is not taking away our rights, but it is helping us to remain a decent and respectful society. •

### the Source From Political Q & A

Question of the Week: An Assembly committee recently passed by a 7-2 margin AB5, which would allow homeless people to sit, sleep and panhandle on public property. It would require the State to pay for creating local "hygiene stations" containing restrooms and showers on a 24/7 basis.

Senators Roderick Wright and Ted Lieu, along with Assemblymen Steve Bradford and Al Muratsuchi were asked their opinions about the bill.

#### Senator Wright's Director of Communications responded as follows:

While we are always happy to discuss issues of concern to the residents of our district, I am hesitant to ask the Senator to take a position on a bill that still needs to pass two fiscal committees and a Senate policy committee before it would ever come before him for consideration. The bill could have any number of changes by the time it reaches the Senate floor, if it even does. It could even change between the time he responds to you and the time your paper goes to print. As such, we will have to decline to submit a written position on a specific bill before it comes to Senator Wright for a vote, so that he can fairly judge the final bill as presented to him on its merits. Thanks for your understanding and for your continued efforts to keep residents informed on key issues.

Spokesmen for Assemblyman Steve Bradford and Senator Ted Lieu echoed Senator Wright's comments.

Assemblyman Al Muratsuchi did not respond.

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1/4 cup olive oil
1/2 cup raw pine nuts
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4 eggs for poaching
4 cups water for poaching
2 tablespoons white vinegar for poaching water

Place water in a pot with the vinegar and bring to a slow boil. When ready, add the eggs and cook for 1 to 2 min. Or till cooked to your liking.Sauté the onions in the olive oil in a hot sauté pan. Add the pine nuts and the cherries.Remove from the fire. Add the vinegar.In a large bowl pour the mixture over the spinach and toss together.Separate into portions and top with the warm poached eggs.

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## **The Nightmare Season Ends**

#### By Adam Serrao

Acquiring Dwight Howard and Steve Nash to go with Kobe Bryant and Pau Gasol has never looked like such a bad decision. Before the season even began, odds makers everywhere were picking the Lakers to meet the Miami Heat in this year's NBA Finals. Well, the Heat are still on track to get there and will probably wind up winning the entire tournament once again this year. Lakers fans, though, would have taken an appearance in the second round rather than in the Finals the way that this season has gone. Now that the disastrous season is over, the time has come to reflect, figure out what went wrong and get the nasty taste out of everyone's collective mouths. Doing so may be harder than it seems, however. Sorting through what went wrong and why may be even more daunting than the horrific season that has brought us all here in the first place.

It all began, of course, once upon a time in a place that is known as "Laker Land." Kobe Bryant, Dwight Howard and Steve Nash all thought that playing together was the quickest road to a championship. First went Mike Brown's Princeton offense. Then went Mike Brown. Well, then went pretty much everyone else on the team, as injuries plagued the Lakers'

for all the Lakers fans who chant, "We want Phil!" at almost every Lakers' event nowadays, a coaching change does not seem imminent. GM Mitch Kupchak has already expressed his intention to have D'Antoni back next season. The kind of team that he will be coaching, however, is what is in question.

Anyone looking at putting together the Lakers' roster for next season would naturally start with Bryant and Howard. Howard is a free agent. While he is expected to be back with the team, no one ever knows what goes on in his mind and quite frankly, would you want to come back to this same team for another year of drama? Howard is expected to be the face of the Lakers long after Bryant is gone, so he will most likely convince himself to return in order to don the purple and gold once again. Kobe, however, is due to make \$30.5 million next season. Coming off of a torn Achilles, at the age of 35, with all of the other injuries he has, could dumping his huge salary be an option? It's certainly an option, but don't expect it to happen unless Jim Buss would like to rival Frank McCourt as the most hated man in Los Angeles.

Kupchak and the Lakers have some serious decisions to make this offseason. The payroll

#### "Kobe Bryant, Dwight Howard and Steve Nash all thought that playing together was the quickest road to a championship."

locker room and made trainer Gary Vitti's job perhaps 100 times harder than it has ever been before. Despite the Laker fans longing, Phil Jackson was not reinstated as the head coach of the team for the third time. Instead, Jim Buss went with Mike D'Antoni--a great idea to pump some excitement into the Staples Center, especially while having to deal with the constant highlight reel efforts of their "Lob City" roommates. A high-octane D'Antoni offense headed by the great Steve Nash would certainly get people's juices flowing. Well, that great idea never really got off the ground as Nash spent much of the season on the injured list and he and the Lakers helplessly limped off the court, victims of a four-game sweep by the intellectually savvy San Antonio Spurs.

The Lakers were, at last, able to make it into the playoffs--perhaps a moral victory in its own right. In doing so, however, Bryant was lost along the way and for all we know may be lost for good. If he's the same Kobe Bryant that he has always been, he'll be back at the start of next season. After tearing an Achilles tendon, though, no athlete comes back the same. His departure from the team isn't what spelled disaster for the entire season, though. Many people like to blame D'Antoni. Metta World Peace cautions against that line of thinking. "The fans can't blame coach D'Antoni for a season like this," Metta explained. "It's a collective effort. At times, a coach is trying to implement a system, and at times we didn't let him implement his system. And at times he wasn't that hard on us, so it goes both ways." Well, Metta may have outlined precisely what the problem was: Coaching. A coach like Phil Jackson, or any other successful coach around the league for that matter, doesn't need to try to implement a system. He just implements one. Unfortunately

for next year, without Howard, stands at \$79 million. With Howard, it would be roughly around \$100 million without adding one player to improve the roster. With new luxury tax rates, the Lakers would owe \$76.5 million just for going over the cap. Naturally, people assume that the Lakers will look at trading Pau Gasol. The soon-to-be-33-year-old forward with shaky knees and feet wouldn't bring back the pieces necessary to make the Lakers young and athletic like they want to be and almost no team would want to take on his huge salary. Using the amnesty clause on Pau would save the Lakers very little money. Using it on Metta would save the team even less money.

If you're a Lakers fan and you're expecting to see sweeping changes to the team this offseason, think again. Kupchak and the Lakers are poising themselves for the 2014 season when Kobe, Pau, Metta and Nash will all be off of the books. That will open up the opportunity to recruit a player like, say, LeBron James, or a multitude of other stars who will all be free agents that summer and may just be itching to team up with Dwight Howard in L.A. Currently, 2014 seems so far away. In the meantime, expect to see D'Antoni back at the head of the bench and the same old, slow, injury-prone Laker roster take the court opening day next season. Maybe with an extra year of togetherness and a summer of healing, the Lakers will stand a better chance next season and finally be the team that everyone thought that they would be. But maybe they'll be the same 45-win team from a season ago, struggling to get to the playoffs and making every basketball fan in Los Angeles who expects success anxious and dreaming of better days. The ball is in Jim Buss' court and only time will tell if the nightmare is truly over. •

## **Up and Adam** North Drops Two in Chase for First

#### **By Adam Serrao**

In just the blink of an eye, the fortunes of the North High Saxons changed--maybe for good. A team that has been atop the Pioneer League all season long with stellar offensive production and a gritty defense went up against the reigning Pioneer League champions, the El Segundo Eagles, and were defeated in both games of a two-game set. The offense for which the Saxons have become known any further from the truth. The Spartans completed a two-game sweep over division rival Centennial last Friday night and with the two wins, moved ahead of North in the Pioneer League standings and into a tie for first place with the El Segundo Eagles.

Game one was close the whole way through, as each team scored a run in the first inning and then proceeded to go scoreless until the sixth. That's when South High's offense got

*"Tanner Stevens forced a groundout to end the inning"* and save the game and the series for the Eagles."

for this year was nonexistent in game one as the team suffered a 12-1 loss at home last Wednesday night. The defense that has kept North in the running for the Pioneer League crown this year disappeared as the Saxons dropped the second game at El Segundo by a final score of 3-2. A team that spent the majority of the season in first place waiting to make a move in order to take the Pioneer League crown has now suddenly dropped into a tie for fourth place, currently behind the Torrance Tartars and the South High Spartans as the Eagles remain poised to take the league for the second year in a row.

Game one was close going into the fourth inning, as both teams put up one run early to keep the game tied until about halfway through. Two runs in the fourth, five in the fifth, two in the sixth and two in the seventh broke it open for the Eagles, however, as they ran away with a laugher to tally a total of 12 runs against North's usually powerful pitching. El Segundo jumped ahead early once again, but this time at home on Friday night after Mike Pagan homered in the second inning Erik Gronhagan doubled to score Lars Nootbaar in the third. The Saxons would battle back behind Jacob Peck's solo home run in the top of the fourth, but the Eagles answered right back in the bottom of the inning to maintain a 3-1 lead.

Unlike the first game between the two teams, North's pitching stood strong in the fifth and sixth innings. Head coach Mike Demaria stuck with his freshman pitcher, Owen Canady, as the latter kept the team close late in the game. "He threw strikes and wasn't scared," Demaria said. "He gave us a chance to win." Canady gained some assistance from Jorge Hernandez in the top of the sixth inning when he smacked an RBI double to left field to cut the El Segundo lead to 3-2. Unfortunately for the Saxons, there were already two outs in the inning and their rally was sunk when Tanner Stevens forced a groundout to end the inning and save the game and the series for the Eagles. Canady showed a glimmer of hope for North High on the mound as the freshman threw six innings, allowing only three runs on eight hits. He can certainly look forward to being a fixture on the mound for the Saxons in years to come. Currently, North (16-10, 5-3) sits tied with the Tartars in a battle for third place in the Pioneer League. It couldn't have been planned any better as the Saxons and the Tartars will end the season against each other in a winner-take-all two-game series that starts this week.

sparked--and behind Nick Cohan's double and two RBI's, the team scored three runs in the sixth and ultimately took the game by a final of 4-2. It was much of the same in game two as Cohan once again was the instigator on offense for the Spartans by going three for three with three RBIs in the 9-4 victory. Andy Rojas hit an inside-the-park home run for the Spartans, scored two runs and also assisted the team in victory.

The Spartans (15-10, 5-3) remain tied for first place with the El Segundo Eagles with only two games left in the season. Whoever wrote the schedule for the teams got it right this year, as the Spartans end their season against none other than the Eagles. The winner of the two-game series will take first place in the Pioneer League and gain prime positioning for this year's playoffs.

#### WEST HIGH

The West High Warriors are battling back towards the end of their extremely inconsistent season. After losing eight of 10 games, the Warriors have now rebounded and put together six wins in their last eight contests. One of those wins came last Friday night when the Warriors finished off a sweep of the Palos Verdes Sea Kings. The Warriors and head coach Juan Cueva have Tommy Oslund to thank for their recent success. In their 9-4 victory over Palos Verdes, Oslund had a grand slam and a three-run home run to account for seven of the Warriors' nine runs on the night with just two swings of his bat. Kevin Clausen went three for four with two RBIs to account for the team's other two runs. "It was our best week of the year to this point," Cueva said. "We put it together when it mattered most." It certainly matters most to the Warriors at this point, as they are not only battling for third place in the Bay League standings but are also trying to resurrect their chances of making the playoffs. The Warriors (16-11, 4-4) will see if they can keep their streak alive as they take on the last place Leuzinger Olympians to end the regular season this week. **TORRANCE HIGH** Head coach Ollie Turner has his Torrance ballclub headed in the right direction at precisely the right time. Winners of their last five games, the Tartars just finished off a sweep of the last place Lawndale Cardinals to put themselves into a tie for second place with the South High Spartans, seemingly coming out of nowhere. Cody Den Beste was four for five with two doubles and three RBIs to lead the Tartars in their 14-3 victory over the Cardinals last Friday night. Austin Aldrich also accounted for three runs with his pinch-hit home run as the Tartars (12-12, 5-3) took the win on the road. Torrance will finish its season off with a two-game set against an angry North High team that has just been bumped from a first place positioning atop the Pioneer League. Should the Tartars put together two wins over their cross-town rivals, they will certainly finish toward the top of the Pioneer League with great playoff positioning. •



#### SOUTH HIGH

Just when it looked like everything was going downhill for the South High Spartans, a glimmer of hope remained and the stars aligned for head coach Grady Sain and his ballclub. After two bad losses to North High two weeks ago, it looked as if the Spartans cemented their own fate and were destined to finish behind the Saxons in the standings this year. All of a sudden, that couldn't be



## South wins back-to-back Pioneer League Championships

## By Kelly Kemp. Photos by Shelley Kemp. For more photos please visit www.shelleykemphotography.com

The dominant 2012 South Torrance Girls Swimming Team had another great year, capturing the 2013 Pioneer League Dual Meet and Championship. South's outstanding swimmers included Championship Finalists Megan Campbell, Yining Chen, Jasmine Handschin, Daria Peck, Tiana

Pugliese and Samantha Sannes, and Consolation Finalists Hailee Arst, Cassi Bruni, Caitlynn Chumley, Alex DiBiaso, Melissa Gallagher, Kendra Lujan, Shadia Nesicolaci and Maddie O'Brien.

North Torrance Girls Swimmers also had a great meet, with Championship Finalists Jamie Chafe, Lauren Cheng, Devan Crofat, Jasmine Margetts, Yocelyn Moraga, Robyn Ozaki and Allison Sueyoshi each scoring Varsity Championship points.



Junior Tiana Pugliese (center) launches off the blocks in the 50 Freestyle. Pugliese finished first in both the 50 and 100 Freestyles.





South's Daria Peck took third in the 100 Breaststroke and swam the Breaststroke leg of the 200 Medley relay helping her team to a victory.



Spartan Ladies added another first place finish to the team tally.

North's Sophomore Jasmine Margetts won both the 100 Back and the 200 Individual Medley.

## TerriAnn in Torrance

## A Forensic Lab in Torrance have a "Ninhydrin Chamber" (the piece of it'll have pre-programmed software in there going to b

#### By TerriAnn Ferren

The new forensic lab in the Torrance Police Department is scheduled to open on July 5, 2013, but I wanted to get inside to see the work in progress and speak with Forensic Supervisor Donna Brandelli before the grand opening. Walking into the police station, I was greeted by Sergeant Robert Watt, Chief's Adjutant, who introduced me to Donna. We walked downstairs to the conference/ meeting room to chat. I remember this room from when I took the Partners in Policing program last year (See Torrance Tribune February 23, 2012, Torrance Partners in Policing). We sat down and began to chat. "I worked for the County of Los Angeles for 12 years in their crime lab, so when I came over here and they had fish tanks for super glue chambers--you know I've read about it, but I really don't know how to use a fish tank for a super glue chamber. So we had to do a lot of experimentation just to get it to work and it worked minimally," began Donna Brandelli. What? Fish tanks?



#### The Forensic Lab. Photo by TerriAnn Ferren.

Super glue? I found out that fingerprints become visible on a piece of evidence (like paper) and can be either dusted or removed from an object after a chemical--similar to super glue--is used in a controlled setting to reveal the prints. Donna explained, "Super glue chamber is processing equipment that we use. It's called 'syanacrolate,' but it is a super glue. We put it into a small aluminum container, heat it up and it produces--takes liquid into a gaseous state and it'll settle onto surfaces--not porous--like beer bottles, guns or something that doesn't absorb moisture. And it will settle into the areas where fingerprints might be. It will visualize a fingerprint." Turns out the Police Department didn't have a "Ninhydrin Chamber" (the piece of equipment used to reveal fingerprints on evidence) prior to the new lab. Technically, it'll have pre-programmed software in there that will save us probably hours worth of time." Donna's enthusiasm and passion for



Forensic Supervisor, Donna Brandelli. Photo by TerriAnn Ferren. the Ninhydrin Chamber reduces humidity so scientists can get fingerprints that have been chemically processed off paper. They didn't have that capability before and if you can believe it, they used to use a steam iron! You can imagine how difficult that must have

her work is clearly evident as she told me about the Ninhydrin Chamber.

I asked Donna what is the difference between the lab we had and this new one being constructed and she said, "Night and day. We're gearing it towards International

"What? Fish tanks? Super glue? I found out that fingerprints become visible on a piece of evidence (like paper) and can be either dusted or removed from an object after a chemical-similar to super glue-is used in a controlled setting to reveal the prints."

been to gage the humidity because a certain amount of humidity is ideal for developing the latent print.

"We had to use the iron and [do] one piece at a time," said Donna. She went on to say, "Now we are going to have two chambers so we can do multiple pieces of evidence at the same time. We're going to have a digital imaging system that will be able to visualize fingerprints on a 3-D surface and Accreditation Standards." She went on to tell me that she came to the Torrance Police Department (TPD) three years ago from the County of Los Angeles Crime Lab. While at the County, she worked in the Latent Print Unit and the Crime Scene Investigation Unit primarily in downtown and at satellite labs. She said when she came to TPD, they were not doing a lot of chemical processing--but that is about to change. "Now the facility is going to be allowing us to develop fingerprints on evidence items that we couldn't really process before and it'll save us hours," said Donna. "I am not going to be hovering over an iron anymore. I can put it into chambers and I can walk away from it. I can go do something else. I can multi-task and the way that I worked with the design team for the lab was to make it as flexible as possible. Out with the fish tank and out with the steam iron..."

The new lab will be flexible, all right. ADA-compliant and complete with tables that move up and down, the lab will be the most up-to-date forensic lab in the South Bay. Donna told me she worked with the design team to provide maximum flexibility in the lab along with a pleasant, efficient, high-tech feel. The statistics show an approximate 400 percent bump in the amount of evidence that is being processed now since she arrived in Torrance. Donna reminded me that she and her colleagues went to school to be forensic scientists and this is what they do and this is their



Notice the fish tank. Photo by Thomas Kelly.

career. The Federal Government just put together a National Forensic Science Commission that will begin to regulate the field, so Donna wanted our lab to be accredited from the beginning. That way when labs are required to be accredited, it won't be a big change for Torrance. Rules and policies need to be in effect for a year before applying for accreditation, so our lab will be set up that way from the beginning. Our latent print **See TerriAnn, page 10** 

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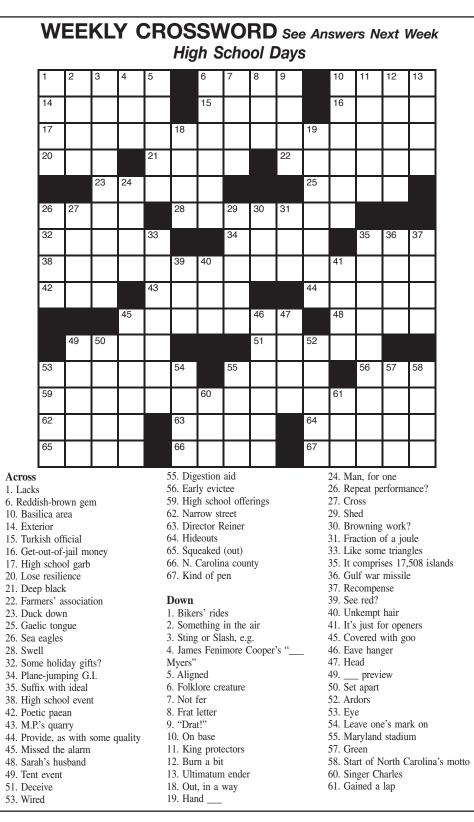
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## **City Council**

They're going to call it 'the bridge.' To name it something other than its original name is wrong. I'm opposed to calling it the Torrance Bridge. I think it's our job to do the right thing. This is a great opportunity to set the record straight."

The Council also approved a Joint Use Agreement with the Torrance Unified School District (TUSD) to share facilities owned by one entity but used by another. Both groups recognized that Torrance residents expect them to work together to enhance services, maximize usage of space and achieve joint operational efficiencies when possible and realized that greater cooperation was necessary to meet these goals. Mayor Frank Scotto said that a closer relationship with the District has been overdue. "This has been a long time coming," said Scotto. "I personally believe this is just the beginning of a long-term working relationship. In the future we need to work even more closely."

Torrance School Board member (and former Torrance City Council member) Don Lee said the two bodies are closer now than he ever remembers them being in his time as a

### from page 3

politician. He also applauded the speed in which both bodies developed and approved the agreement. "I think it's all for one and one for all," said Lee. "The further we go down this road, the more we create efficiencies. Everyone should be proud of this. A problem was recognized as a problem and solved in 90 days. Government doesn't always work like that."

While there are clear benefits for both the City and TUSD, Sutherland identified the real winners as the residents of Torrance. "There are no losers in this one, but there are 149,000 winners," said Sutherland. "Basically all the children that go to school and all the people that use the families in the parks and the schools. I believe this is a win-win situation."

Lastly, Councilmember and Torrance Education Foundation (TEF) President Tom Brewer announced the TEF's latest fundraising event--a VIP opening gala at Rock and Brews--has raised \$30,000 and has booked all of its 120 tickets. "If you didn't get a chance to go [to the opening gala], I hope you stop by there sometime," said Brewer. "We'll have a fun time tomorrow night." •



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Each Sudoku puzzle consists of a 9X9 grid that has been subdivided into nine smaller grids of 3X3 squares. To solve the puzzle each row, column and box must contain each of the numbers 1 to 9.

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## **Seniors** Baby Boomers and Driving Vision -Maintaining Safety and Independence

(BPT) - Baby boomers, those born between 1946 and 1964, are aging differently than any generation in U.S. history. Today, older Americans remain more active later in life, working longer and engaging in hobbies and recreational activities.

It is estimated that by 2030, nearly one in five adults will be 65 and older. In 2050, this group is projected to reach 88 million - more than double the 40 million in 2010. This will lead to a significant increase in older adults driving vehicles for both necessity and pleasure. Unfortunately vision, cognitive skills and motor functions decline as we age.

As many as 5,288 people age 65 and older were killed and 187,000 were injured in traffic accidents, according to 2009 data from the National Highway Traffic Safety Administration. That group accounted for 16 percent of all traffic deaths and 8 percent of the injured, but accounted for only 13-percent of the population. As the 65 and over demographic increases to 20 percent of the population in 2030, the number of accidents and fatalities among this group is expected to increase.

Most states have minimum vision requirements to possess a driver's license. A 2006 Vision Council report indicates that the 10 states with the highest rate of fatal crashes include four that require no vision screening for license renewal and four that only require vision screenings at intervals of eight or more years. The Vision Council also reported that only 20 states require more frequent vision screenings for older drivers.

Importantly, there are proactive measures seniors can take to preserve and enhance their vision. Many clinical research studies have demonstrated that older drivers can improve their vision by eating foods rich in the nutrients zeaxanthin (zee-uh-zan-thin) and lutein or taking eye vitamins containing these nutrients. These nutrients create a protective film in the back of the eye known as, "macular pigment" to protect and improve vision. These nutrients have been scientifically proven to enhance driving vision and driver confidence. -Your eye care professional and the American Optometric Association website are excellent sources of information regarding nutrition and eye health.

Glare is a common complaint among older drivers, particularly at night. When a driver is "blinded" by an oncoming car's lights, they are literally "driving blind" for a period of time until vision recovers. Imagine driving at 60 mph with your eyes closed for five seconds. You would travel 440 feet during that fivesecond period - the equivalent of one and a half football fields. Studies have demonstrated that recovery time from bright light-induced glare can be reduced by as much as five seconds by increasing macular pigment density through zeaxanthin and lutein supplementation.

Dense or thick MPOD (Macular Pigment Optical Density) can reduce uncomfortable and dangerous glare caused by oncoming headlights, street lights, and traffic lights; enhance contrast sensitivity to help drivers see pedestrians, vehicles, and other objects; and help diminish discomfort or sensitivity to bright sunlight.

While lutein is commonly available in the average diet from dark green leafy vegetables like spinach and broccoli, dietary zeaxanthin is scarce in the average U.S. daily diet. Corn, orange peppers, brightly colored fruits and vegetables, and eggs contain low quantities of zeaxanthin, which means one would have to eat approximately 20 ears of corn to obtain the daily recommended amount of dietary zeaxanthin associated with healthy macular pigment.

Many Optometrists and Ophthalmologists offer MPOD (Macular Pigment Optical Density) measurement through a simple, fast, and inexpensive exam. Contact your eye care professional about having your macular pigment measured, and increasing your MPOD if needed.

Driving safety is important at any age, but as our population ages at an unprecedented pace, proactively taking care of your vision is vital to safety and independence. •

### TerriAnn

examiners already do proficiency testing, which is part of accreditation. This has already been part of Torrance's policy that maintains capabilities to do comparisons. When our scientists are called into court, although they are not accredited yet, they can prove their proficiency testing and show that they do quality assurance and many things that meet the high standards and are in line with accreditation. Everything is in line with the expectation for International Standards. Wow.

Then I asked Donna how she became interested in this field. She told me it has been something she has always really, really liked. She began her career as a 911 Operator with the Sherriff's Department and was a dispatcher for eight years. Donna told me, "If I never did it again, I'm okay with that. I did it for eight years, worked at some of the busiest stations in the county. If I hadn't worked for the County, I wouldn't be in the position I am now. I owe everything to the County. And I learned so much from the County. I grew up in a really small town back east--Westerly, Rhode Island. It is a town of about 11,000 people." Realizing she would not be able to have a large city experience in her little town, at the age of 20 Donna moved to San Diego to live with an aunt. And although her roots are definitely in New England and her family has a history of 300-400 years on the East Coast, she is happy for the opportunities offered to her through the Sheriff's Department. Donna told me, "This is what I like to do and the experience I had in the County gave me this job and may give me another job back east. Who knows? Torrance gave me an opportunity that doesn't come along very often. You don't get an opportunity to be involved from the building of a program from the ground floor. Not just a laboratory, which in itself is a great opportunity, but a program." She added that she and her colleagues are getting identifications on burglaries that they have never done before and the way the scientists work with the detectives and the property specialists all combine to nail the bad guy more than ever before.

Donna said, "The guys here have done things I've never seen done before. They are amazing. When I came over to Torrance, I told a girl who came over from El Monte, "Torrance has a very good reputation." This city, the people love their police officers. I mean I'm not just saying we like our police officers. I am saying *love* their police officers. They love what they do. I came here in part because of your reputation. So it's nice to be able to work with management, the detectives, the lieutenants, the different people. I can't be happier. I really enjoy being here."

The statistics that the new department has already set are impressive. Already this year, they have done over 10,000 fingerprint comparisons since January, done nearly 4,000 field calls or services within the last three years and entered nearly 5,000 prints into the AFIS (Automatic Fingerprint Identification System).

Donna lives in the South Bay with her husband and will be attending *the International Conference* in Rhode Island in August of this year. On August 6, she will be presenting the *Civilianization of the Forensic Program in Torrance*. The conference will be open to fingerprint examiners and forensic scientists from all over the world. What an honor for Donna Brandelli and what an honor for the City of Torrance!

After listening to Donna tell me all about her job, the lab and her colleagues, it was time to go to the basement to see the lab still in construction. Impressive is what I thought. The detail to security and the thought behind every counter, wall, window and light is a testimony to the engineers, craftsmen, workmen, designers and police officers who pulled together with Donna Brandelli and her staff to build one wonderful forensic lab. The last thing Donna told me while touring the lab was, "I've got a great group of people that I work with. I've got a great police department." Yes, "we" have. And the true dedication I saw throughout my tour by Donna and the others I met truly showed the respect and pride in a police department second to none. This department truly is a gift to the citizens of Torrance. •



#### from page 8

## PETSPETSPETSPETSPETS <u>Purrfect Companions</u> Pets Without Partners

Adopt a "pet without a partner" and give a homeless pet a second chance in life. Come meet these pups and their buddies, Saturday, May 11 from 11 a.m. to 2 p.m. at the Manhattan Beach Fire and Police Departments' Open House, Manhattan Beach Fire Station #1, 400 15th Street in Manhattan Beach.

Sunny and Shadow were owner-surrendered to our rescue after their owner was diagnosed with a terminal illness. Puppies are a lot of work, so Sunny and Shadow would best be placed in active homes with someone who has time to tend to a puppy. These sweet girls are six months old and are very good-natured with super spectacular personalities. At their foster home, they are housebroken with a doggie door and very well crate-trained. Both play well with other dogs and are friendly with both children and cats. Sunny has a beautiful, golden coat that glistens in the sunshine--she was given her name because she brought sunshine to her prior owner's life. Shadow has some very original colors to her coat with a beautiful, white blaze down her chest. She changes colors in the sun. They will make great additions into any home situation. Sunny and Shadow are



and spunky and loves everyone he meets. He was great during his grooming session



#### Sunny

letting everyone brush him. This is a total love of a dog with a spectacular little personality. Do we dare say we have a perfect dog here? Well, we do. He's perfect. He is engaging with all people and other dogs, is wonderful on leash and loves to be carried around or go for a walk. Jiggy is great with cats too and good with children who are old enough to understand the proper way to treat a dog. He is neutered, current on vaccinations, de-wormed, microchipped, good with other dogs, cat-safe, housebroken, and has had a dental too!

To learn more about these and other wonderful dogs, visit our website at www. animalsrule.org. If a dog is on our website, it's available. Or come to our Saturday adoption events from 11 a.m. to 3 p.m. at 305 North Harbor Boulevard in San Pedro (just off the 110 near the cruise port). We are always in need of donations for veterinarian bills and our senior dogs. Donations can be made through our website or by sending a check payable to: Animals Rule Placement

Add a little love with a new best friend when you adopt your purr-fect partner.

Adele is a super-sweet darling...possibly one of the sweetest, most affectionate kitties ever! Adele loves to follow you and snuggle on your lap. When you pick her up and hold her, she will wrap her paws around you to give you kisses. A kitty couldn't possibly be any sweeter. Adele loves attention and is good with dogs and other cats. She would be a great companion for a responsible child who wants a very loving, attentive first cat or for an adult looking for companionship. This gentle and loving kitty is your ticket for happiness.

Fiona was rescued from a wood pile along with her siblings and loves being in a home, safe and secure. She has a beautiful, white and cream bi-colored coat that is so soft to your touch. This lovely girl is a real purr machine who loves to be held and to snuggle. She loves other cats and is also accustomed to catfriendly dogs.

These kittens/cats are available for adoption through Kitten Rescue, one

of the largest cat rescue groups in Southern California. All of our kitties are spayed/ neutered, microchipped, tested for FeLV and FIV, de-wormed and current on their vaccinations. For additional information and to see our other kitties, please check our website at www.kittenrescue.org, or email us at mail@kittenrescue.org. Your tax-deductible donations for the rescue and care of our cats and kittens can be made through our website or by sending a check payable to Kitten Rescue, 914 Westwood Boulevard,



#583, Los Angeles, CA 90024.

On Saturdays, we have adoptions from noon to 3:30 p.m. in Westchester at 8655 Lincoln Boulevard, just south of Manchester Avenue, and also in Mar Vista at 3860 Centinela Avenue, just south of Venice Boulevard. Our website lists additional adoption sites and directions to each location.

Adele

Be kind. Save a life. Support animal rescue. •





# Reg Estate

## Add Economical Living Space With An Outdoor Room

(BPT) - Adding living space to your home can be an expensive prospect. However, creating an outdoor room is a budget-friendly option that gives you more square footage, as well as additional opportunities to enjoy the season. As an extension of the home, outdoor rooms with decks or pergolas can be

#### Stand Up to Mother Nature

If you start with cellular PVC as a wood replacement, you can add longevity and low-maintenance to pergolas and other outdoor structures. Those that come in easyto-assemble kits make it even easier to have a stylish extension to your home. According

"As an extension of the home, outdoor rooms with decks or pergolas can be personalized to truly bring indoor comforts outside for relaxation and entertaining."

personalized to truly bring indoor comforts outside for relaxation and entertaining.

Prepare Your Outdoor Space

Before embarking on designing an outdoor room, start with a clean slate by making necessary repairs. Jason Ringling, director of marketing for Red Devil, a company with a 141-year history of industry knowledge, says outdoor fix-ups are on the agenda because of the unusual weather the country has experienced, including wind and flood damage. Outdoor structures have particularly taken a beating, with damage to wood structures and cracked concrete.

"Homeowners can tackle these jobs with long-lasting quality adhesives and sealants," says Ringling. "There are new, environmentally friendly construction adhesives on the market, which can help repair damaged decks, concrete, outdoor furniture, play sets and more." to the experts at Walpole Outdoors to match your home's style, look for variations in pergola design such as straight or arched tops, and round or square columns in many sizes.

"For a true 'outdoor room' feeling, a retractable, weather-resistant fabric canopy can provide shade and shelter whenever the weather changes, so homeowners can always plan outdoor occasions with confidence," says Walpole president Lou Maglio.

#### Affordable, Natural Looks that Endure

Decks are another easy way to extend living space and with new alternative materials, it's easy to save on maintenance without sacrificing style. One advancement in composite decking technology features a "cap" or protective outer layer that looks like real hardwood.

"Today's deck trends show that homeowners are looking for deck styles and colors that strongly resemble the earthy tones found in nature," says Carey Walley, vice president of marketing for TimberTech.

**De-clutter Your Deck Space** 

When designing that special outdoor space, start by de-cluttering the deck. Look for the latest clever, space-saving solutions that help make the most of your deck space. One way to cut costs and improve the view is to use fewer posts, according to Mike Gori, director of product management, AZEK Building Products.

"We've engineered a durable railing system

that spans 10 feet between posts, which requires fewer posts. This creates a less cluttered look, clearer views and substantial cost savings," he says. In addition, he suggests hide-away storage bins that make use of the space under the deck to store items like umbrellas and pool toys. "The lid is discreetly flush with the deck surface, eliminating those large plastic bins that obscure the view and take up valuable deck space."

With these tips, it's easy to find functional, beautiful and affordable options for making your outdoor space your very own. •



### Easy Tips for a Manicured Lawn

(BPT) - The days are getting longer, the grass is growing and yard work season has begun. Here are a few tips for giving your yard that finished look:

• Keep grass approximately two inches in length and only take off 1/3 inch of new growth.

• Alternate the direction you mow each session. If you mow in the same direction every time, the wheels will create a rut in the grass.

• Plant flowers around the yard for a pop of color. Using mulch in flower beds will also add detail to your landscape.

• Use string trimmers around trees, rocks, fences and other obstacles to give your lawn a polished look.

• Use a broom to clean grass clippings and soil from pavement and walkways. •





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